



## Students' Impressions from the ERASMUS+ Internship in Spain

2023-04-05

Five students from the Social Work Assistant modular program completed an internship in Spain from March 11 to 25 at a senior residence in Benalmádena. The students participated in the internship through the ERASMUS+ program project No. 2022-1-LT01-KA121-VET-000062704.



Here is how the students reflected on their participation in this internship:

"The amount of joy, amazement, and good mood was limitless. During this important practical experience, our emotions were varied, but none of us were disappointed. In Spain, nursing homes are somewhat different from those in Lithuania. Seniors are not divided according to their physical or psychological condition and are accommodated in a single building. Of course, seeing this for the first time may feel a little strange, but over time, through communication

with the staff and residents, everything becomes clear.

Speaking of differences, we would also like to mention the peculiarities of seniors' diets. A refreshing jelly drink and a slice of toasted bread with olive oil may seem unusual to us in Lithuania, but it is important to understand that Spain has a completely different culinary heritage and climate, which influence these eating habits. English is also not very common in Spain due to its education system, which has only recently undergone changes, so communication was not always easy. However, the strong willingness of everyone involved in this project to collaborate and understand each other was very helpful.

After the internship, tired more from the hot weather than the work at the senior residence, we returned to our apartments, which were spacious and close to the center of Málaga. Of course, it is worth mentioning that during our free time, we enjoyed entertainment and relaxation. The stunning views of Málaga and surrounding towns and villages amazed us all. We spent most of our free time on the beaches enjoying the sun, but we also made time for sightseeing trips to other towns, museums, and cultural landmarks.





VŠĮ DAUGŲ  
TECHNOLŪGIJOS  
IR VERSLO  
MOKYKLA

This internship was a very valuable experience. During it, we learned and experienced what working with seniors is really like. We are grateful for the opportunity to complete the internship in Spain."



A student who participated in the internship added: *"The internship in Spain was personally very useful for me because I had never done this kind of work before, so I had the opportunity to see and evaluate everything up close. I feel great respect for the staff working there because the work is not easy, but their dedication and care for the elderly make a significant contribution to these people's lives. I would recommend that other students, both with and without prior experience, see another country's working methods firsthand—it is truly interesting and meaningful."*

The ERASMUS+ program is an unparalleled opportunity for vocational school students to acquire theoretical and practical skills abroad. It

is also an excellent way to improve foreign language skills and to learn about the life and culture of another country. The ERASMUS+ program encourages students' motivation to study and work in their chosen profession.

In 2022, the Daugai Technology and Business School received accreditation for the ERASMUS+ program until December 31, 2027. Until the end of 2027, we hope to receive many more positive feedback from students participating in the program. We invite current and future students to actively participate in the ERASMUS+ program.



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